

St John's Malone

Trinity IX (Proper 13)

Sunday 1st August 2021 at 10.30am Pew Sheet



Title:Last Supper Notes: Judas is in the foreground of the painting, turning away at Jesus' words presaging his betrayal. Building:Cathedral of Sancti Spiritus City/Town:Sancti Spiritus, Cuba

The Order for THE EUCHARIST (HOLY COMMUNION 2) Pg.201 BCP 2004

The Gathering of God's People

THE GREETING

The Lord be with you **and also with you**

Welcome *A sentence of scripture may be read (see pages 78-82), and the presiding minister may introduce the liturgy of the day.*

THE COLLECT FOR PURITY

Almighty God,
**to whom all hearts are open, all desires known,
and from whom no secrets are hidden;
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

PENITENCE

The Confession is introduced with appropriate words:

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life.

My friends, as we prepare to celebrate these holy mysteries in word and sacrament, let us call to mind our sins and our need of God's forgiveness.

Please sit or kneel

Silence

Almighty God, **our heavenly Father,**
we have sinned in thought and word and deed,
and in what we have left undone.

We are truly sorry and we humbly repent.

For the sake of your Son, Jesus Christ,
have mercy on us and forgive us,
that we may walk in newness of life
to the glory of your name. Amen.

The priest pronounces the Absolution:

Almighty God,
who forgives all who truly repent, have mercy on you,
+pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,

**Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father,
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

THE COLLECT OF THE DAY

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
Open our hearts to the riches of his grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ our Lord **Amen.**

Proclaiming and Receiving the Word

THE FIRST READING

Ephesians 4: 1-16

4I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

7 But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said,
'When he ascended on high he made captivity itself a captive;
he gave gifts to his people.'

⁹(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the Word of the Lord.

Thanks be to God.

THE GRADUAL

Gradual Hymn 418 Here O my Lord *Members of the congregation stand and sing quietly, behind their face masks.*

THE GOSPEL READING

Hear the Gospel of our Saviour Christ,
according to Mark chapter 6 beginning at verse 24

Glory to you, Lord Jesus Christ.

John 6: 24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

25 When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' ²⁶Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' ²⁸Then they said to him, 'What must we do to perform

the works of God?' ²⁹Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' ³⁰So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? ³¹Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' ³²Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which* comes down from heaven and gives life to the world.' ³⁴They said to him, 'Sir, give us this bread always.'

35 Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

This is the Gospel of the Lord.

Praise to you, Lord Jesus Christ.

THE SERMON

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate by the Holy Spirit of the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

**On the third day he rose again
in accordance with the Scriptures
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Lord, in your mercy: or Lord, hear us:
hear our prayer. **Lord, Graciously hear us.** Or another versicle
or response is used.

At the end of the Intercessions the following may be used when appropriate:

**Merciful Father, accept these our prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.** *or other suitable words*

THE PEACE

The presiding minister introduces the Peace with suitable words:

Sentence

**The peace of the Lord be always with you
and also with you.**

Those joining the service from home or elsewhere are invited to share the Peace with those next to them. In church you may like to bow or verbally express peace.

ORGAN INTERLUDE

Celebrating at the Lord's Table

The table may be prepared by a deacon or lay people.

The gifts of money may be left on the alms dish on the table when leaving the building at the north door.

AT THE PREPARATION OF THE TABLE

The bread and wine shall be placed on the table for the communion if this has not already been done and a prayer may be said

Prayer of Preparation

THE TAKING OF THE BREAD AND WINE

All Stand

The bishop or priest who presides takes the bread and wine and may say

Christ our passover has been sacrificed for us
therefore let us celebrate the feast.

THE GREAT THANKSGIVING

Prayer 1

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Father, almighty and everliving God,
at all times and in all places

it is right to give you thanks and praise:

And so with all your people,
with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest!**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest!**

Blessed are you, Father,
the creator and sustainer of all things;
you made us in your own image,
male and female you created us;
even when we turned away from you,
you never ceased to care for us,
but in your love and mercy you freed us from the slavery of sin,
giving your only begotten Son to become man
and suffer death on the cross to redeem us;
he made there the one complete and all-sufficient sacrifice
for the sins of the whole world:
he instituted,
and in his holy Gospel commanded us to continue,
a perpetual memory of his precious death
until he comes again:

On the night that he was betrayed he took bread;
and when he had given thanks to you, he broke it,
and gave it to his disciples, saying, Take, eat,
this is my body which is given for you.

Do this in remembrance of me.

In the same way, after supper he took the cup;
and when he had given thanks to you,
he gave it to them, saying, Drink this, all of you,
for this is my blood of the new covenant

which is shed for you and for many
for the forgiveness of sins.

Do this, as often as you drink it,
in remembrance of me.

Therefore, Father, with this bread and this cup
we do as Christ your Son commanded:

**we remember his passion and death,
we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.**

Accept through him, our great high priest,
this our sacrifice of praise and thanksgiving;
and as we eat and drink these holy gifts,
grant by the power of the life-giving Spirit
that we may be made one in your holy Church
and partakers of the body and blood of your Son,
that he may dwell in us and we in him:

Through the same Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
**all honour and glory are yours, Almighty Father,
for ever and ever. Amen.**

THE LORD'S PRAYER

The presiding minister says

As our Saviour Christ has taught us, we are bold to say

All kneel

**Our Father, who art in heaven:
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.**

For thine is the kingdom, the power, and the glory
for ever and ever. Amen.

THE BREAKING OF THE BREAD

The presiding minister (who may be assisted by the deacon) breaks the consecrated bread in preparation for the Communion

The bread which we break
is a sharing in the body of Christ.

**We being many are one body,
for we all share in the one bread.**

The following anthem may be said or sung after the Breaking of the Bread or during the Communion

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, Redeemer of the world, grant us peace.

Words of Invitation

The body of our Lord Jesus Christ which was given for you, preserve your body and soul to eternal life.

The blood of our Lord Jesus Christ which was shed for you, preserve your body and soul to eternal life.

Holy Communion will be administered in one kind in your pew. You may sit to receive. Please leave your mask on until the priest has moved away. Holy Communion will be administered in the nave first, followed by those in the north transept and side chapel.

THE COMMUNION *for those who will not be receiving the sacrament at this time the following may be said privately*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen. *~after the Prayer of St Richard of Chichester*

THE GREAT SILENCE

Hymn 529 Thy hand O God has guided *Members of the congregation stand to sing quietly, behind their face masks.*

Going Out as God's People

PRAYER AFTER COMMUNION

Holy Father,
who gathered us here around the table of your Son
to share this meal with the whole household of God:
In that new world where you reveal the fulness of your peace,
gather people of every race and language
to share in the eternal banquet
of Jesus Christ our Lord. **Amen.**

All say

Almighty God,
we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice.
Send us out [*Strengthen us*] in the power of your Spirit to live and work to your praise and glory. Amen.

DISMISSAL

The presiding minister says the seasonal blessing,

BLESSING

...and the blessing of God almighty,
the Father, + the Son and the Holy Spirit,
be among you and remain with you always. **Amen.**

Go in the peace to love and serve the Lord in the name of Christ. Amen.

Organ Voluntary:

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*Please wait in your pew until directed to leave by the stewards. The exit is via the north porch in the one way system. **The alms dish and worship sheet deposit box are on the way***

out on the table in the north transept. You may like to tear off the Track & Trace sheet and take the Worship Sheet part home.

READINGS:

Ephesians 4:1-16: The apostle encourages the believers to accept one another, to live with humility, patience and love, and to nurture their unity, since God is also one. Within this united community each one has gifts that have been given by God's grace and each should use these gifts to build up the community, even as a body is united but has different parts.

John 6:24-35: Jesus teaches the crowds that all they need to do is to believe in the one God sent. In response the people ask for a miracle, mentioning the manna that the Israelites received when they were in the wilderness with Moses. In response Jesus tells them that he is the true bread of life and that whoever comes to him will never be hungry or thirsty.

REFLECTIONS ON THEME:

There are two ideas that collide in this week's Lectionary readings. Firstly we are called to meditate on and give thanks for God's generous grace that sustains and unites us. In the Gospel, the people ask Jesus what he will do to show them that they should believe in him. His response is to offer himself as the Bread of Life that brings true sustenance. In the epistle, this same sustaining grace welcomes us into the united community of God, and gives us each gifts that we are to use to build our community up.

As we commit to the unity of the community of faith so we each contribute our share from the gracious gifts God has given us – be it time, talents or treasures. When we do this, we all enjoy abundance and unity and the tremendous life and nourishment that flows as a result. However, when we refuse to do this and make our own personal needs and desires paramount, our unity breaks down, and we all end up hurting and in need. This is not a magical, "reward and punishment" view of faith or of the world. It is the simple reality that the Bread of Life has given us enough for all in the world, as long as we share what we have. When we hoard and take more than we need, we create lack and hunger, and our relationships inevitably break down.

Notices:

- Welcome to all our visitors. If you need assistance with anything, please ask one of the churchwardens or stewards
- Toilets are available for use. Follow the one way system to use them. Please leave them as you'd wish to find them and take the necessary hand hygiene seriously, remembering to turn off the tap with a paper towel. The disinfectant spray supplied should be used on the toilet seat and flush handle after use.
- Under GDPR guidance we need to tell you that we will be recording the service and/or livestreaming today. The cameras will point towards the nave altar and pulpit and only on occasion, towards the entrance doors. Those coming to and from the side areas and exiting will be in the camera view for a short time.
- Access to the suite of church halls is still limited. Contact the Rector before entering the halls or church and follow the necessary hygiene and cleansing precautions. For the purposes of tracking and tracing complete the register in the white files provided in each hall thank you.

A reminder about some of our in-church worship protocols throughout the summer period:

- Please remain in your seat that has been assigned to you unless it's absolutely necessary to move out of it.
- Remember to fill in the pew number on the Track & Trace page on the reverse of the service sheet. You may tear this page off and leave it in the box on the way out whilst retaining your service sheet for reference during the week.
- Observe two metres spacing on the way in and out of church *and* inside church.
- If you display any of Covid19 related symptoms you should not come to church. Please observe government testing guidelines and isolation requirements.
- **At the 9am service in the L'Estrange Hall we enter through the main church door at the car park. Exit through the fire doors where there will also be a cleansing station.**
- If you're gathering outside please follow government guidance.



Trinity IX 1.8.21 | Holy Communion 1 9.00am; The Eucharist 10.30am the service is livestreamed on & recorded for St John's Malone YouTube channel

Wednesday | ~~Compline on Zoom 7.30pm~~ *We are taking a break from Zoom online Compline during July and August and it will resume in September*

Thursday | Transfiguration of Our Lord (tr) Mid-week Holy Communion with prayer for those in need 10.30am

Trinity X | 8.8.21 | 9.00am Mattins; 10.30am The Eucharist

The office is staffed by our temporary Office Administrator Brenda McMullen Tuesdays and Thursdays 10am-1pm Tel: 028 9066 7861/ secstjohns@btconnect.com

~~ZOOM COMPLINE WEDNESDAYS~~

~~Our gatherings at Wednesday Compline will continue throughout Lockdown. Services are at 7.30pm. If you can't get in by clicking the link then use the ID and passcode. These will allow you to access Compline each Wednesday evening.~~

~~Access details are:-~~

~~Topic: **Compline** Time: This is a recurring meeting Meet anytime~~

~~<https://us04web.zoom.us/j/72307105870?pwd=V0ZscHZiNlIxL3I2RWNNcEV5V0crdz09>~~

~~Meeting ID: 723 0710 5870 ————— Passcode: 2qrfzq~~

ST JOHN'S SOCIAL MEDIA / WEB

The link to livestreamed Sunday worship is given on Facebook Twitter and on the parish website

- St John's has a Twitter page on **@malonestjohns** which carries up to date information on parish life and other religious and secular matters.
- 'St John's Malone' on **Facebook**
- Instagram: **worthy_communicant**
- Website: www.malone.connor.anglican.org
- Wordpress: www.stjohnsmalone.wordpress.com
- Rector: malone@connor.anglican.org
- Office: secstjohns@btconnect.com for admin matters



*At the end of the service please wait in your pew until directed to leave by the stewards. The exit is via the north porch in the one way system. **The alms dish and worship sheet deposit box are on the way out on the table in the north transept.** You may like to tear off the Track & Trace sheet and take the Worship Sheet part home. Connor Connections the diocesan magazine is available on the table on the way out. Please take a copy.*

Please PRINT your name and the names of any accompanying you today and supply a phone number to enable tracking and tracing. If you become ill with any symptoms of Covid19 *and are subsequently tested positive*, please contact the Rector as soon as possible and follow government guidelines. Deposit this sheet in the box in the porch on the way out. Thank you.

NAME:

PHONE:

NAME:

NAME:

NAME:

NAME:

NAME:

NAME:

PEW NUMBER(S) (FOUND AT THE PEW END):

DATE:

Note: Please leave directly from your pew in the church through the north porch as directed by the stewards whilst maintaining 2m distancing.

You may wish to tear off this page when completed and take this booklet away with you.