

# St John's Malone

## Trinity XI (Proper 15)

Sunday 15<sup>th</sup> August 2021 at 10.30am Pew Sheet



Title: Chinese Orthodox communion bread seal Date: 21st century  
Building: Church of the Apostles City: Hong Kong, China

### The Order for THE EUCHARIST (HOLY COMMUNION 2) Pg.201 BCP 2004

#### The Gathering of God's People

#### THE GREETING

The Lord be with you **and also with you**

**Welcome** *A sentence of scripture may be read (see pages 78-82), and the presiding minister may introduce the liturgy of the day.*

#### THE COLLECT FOR PURITY

Almighty God,  
**to whom all hearts are open, all desires known,  
and from whom no secrets are hidden;  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## PENITENCE

### ***The Confession is introduced with appropriate words:***

God so loved the world that he gave his only Son Jesus Christ, to save us from our sins, to intercede for us in heaven, and to bring us to eternal life.

My friends, as we prepare to celebrate these holy mysteries in word and sacrament, let us call to mind our sins and our need of God's forgiveness.

*Please sit or kneel*

### ***Silence***

Almighty God, **our heavenly Father,**  
**we have sinned in thought and word and deed,**  
**and in what we have left undone.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son, Jesus Christ,**  
**have mercy on us and forgive us,**  
**that we may walk in newness of life**  
**to the glory of your name. Amen.**

### ***The priest pronounces the Absolution:***

Almighty God,  
who forgives all who truly repent, have mercy on you,  
+pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

## GLORIA IN EXCELSIS

Glory to God in the highest,  
**and peace to God's people on earth.**

**Lord God, heavenly King,**  
**almighty God and Father,**  
**we worship you, we give you thanks,**  
**we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**  
**Lord God, Lamb of God, you take away the sin of the world:**

**have mercy on us;  
you are seated at the right hand of the Father,  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

### **THE COLLECT OF THE DAY**

O God,  
you declare your almighty power  
most chiefly in showing mercy and pity:  
Mercifully grant to us such a measure of your grace,  
that we, running the way of your commandments,  
may receive your gracious promises,  
and be made partakers of your heavenly treasure;  
through Jesus Christ our Lord. **Amen.**

### **Proclaiming and Receiving the Word**

*An Old Testament reading may be read*

### **READING**

#### **Ephesians 5: 15-20**

15 Be careful then how you live, not as unwise people but as wise, <sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup>as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the Word of the Lord.

**Thanks be to God.**

## THE GRADUAL

**Gradual Hymn 451 We come as guests invited** *Members of the congregation stand and sing quietly, behind their face masks.*

## THE GOSPEL READING

Hear the Gospel of our Saviour Christ,  
according to John chapter 6 beginning at verse 51

**Glory to you, Lord Jesus Christ.**

John 6:51-58

Jesus said, <sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

<sup>52</sup>The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' <sup>53</sup>So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## THE SERMON

### THE NICENE CREED

We believe in one God,  
**the Father, the Almighty,**  
**maker of heaven and earth,**  
**of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate by the Holy Spirit of the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People**

Lord, in your mercy:                      or            Lord, hear us:  
**hear our prayer.**    **Lord, Graciously hear us.** Or another versicle  
or response is used.

*At the end of the Intercessions the following may be used when appropriate:*

Merciful Father, **accept these our prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen.**      *or other suitable words*

## THE PEACE

***The presiding minister introduces the Peace with suitable words:***

*Sentence*

The peace of the Lord be always with you  
**and also with you.**

*Those joining the service from home or elsewhere are invited to share the Peace with those next to them. In church you may like to bow or verbally express peace.*

## ORGAN INTERLUDE

### **Celebrating at the Lord's Table**

***The table may be prepared by a deacon or lay people.***

***The gifts of money may be left on the alms dish on the table when leaving the building at the north door.***

## AT THE PREPARATION OF THE TABLE

***The bread and wine shall be placed on the table for the communion if this has not already been done and a prayer may be said***

*Prayer of Preparation*

## THE TAKING OF THE BREAD AND WINE

### ***All Stand***

*The bishop or priest takes the bread and wine and may say*

Christ our passover has been sacrificed for us  
**therefore let us celebrate the feast.**

## THE GREAT THANKSGIVING

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

Father, almighty and everliving God,

at all times and in all places

it is right to give you thanks and praise:

And so with all your people,  
with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest!**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest!**

Blessed are you, Father,  
the creator and sustainer of all things;  
you made us in your own image,  
male and female you created us;  
even when we turned away from you,  
you never ceased to care for us,  
but in your love and mercy you freed us from the slavery of sin,  
giving your only begotten Son to become man  
and suffer death on the cross to redeem us;  
he made there the one complete and all-sufficient sacrifice  
for the sins of the whole world:  
he instituted,  
and in his holy Gospel commanded us to continue,

a perpetual memory of his precious death  
until he comes again:

On the night that he was betrayed he took bread;  
and when he had given thanks to you, he broke it,  
and gave it to his disciples, saying, Take, eat,  
this is my body which is given for you.

Do this in remembrance of me.

In the same way, after supper he took the cup;  
and when he had given thanks to you,  
he gave it to them, saying, Drink this, all of you,  
for this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins.

Do this, as often as you drink it,  
in remembrance of me.

Therefore, Father, with this bread and this cup  
we do as Christ your Son commanded:

**we remember his passion and death,  
we celebrate his resurrection and ascension,  
and we look for the coming of his kingdom.**

Accept through him, our great high priest,  
this our sacrifice of praise and thanksgiving;  
and as we eat and drink these holy gifts,  
grant by the power of the life-giving Spirit  
that we may be made one in your holy Church  
and partakers of the body and blood of your Son,  
that he may dwell in us and we in him:

Through the same Jesus Christ our Lord,  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
**all honour and glory are yours, Almighty Father,  
for ever and ever. Amen.**

**THE LORD'S PRAYER**

*The presiding minister says*



As our Saviour Christ has taught us, we are bold to say

*All kneel*

**Our Father, who art in heaven:  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation  
but deliver us from evil.  
For thine is the kingdom, the power, and the glory  
for ever and ever. Amen.**

#### **THE BREAKING OF THE BREAD**

***The presiding minister (who may be assisted by the deacon) breaks the consecrated bread in preparation for the Communion***

The bread which we break  
is a sharing in the body of Christ.

**We being many are one body,  
for we all share in the one bread.**

***The following anthem may be said or sung after the Breaking of the Bread or during the Communion***

**Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, Redeemer of the world, grant us peace.**

#### **Words of Invitation**

The body of our Lord Jesus Christ which was given for you, preserve your body and soul to eternal life.

The blood of our Lord Jesus Christ which was shed for you, preserve your body and soul to eternal life.

***Holy Communion will be administered in one kind in your pew. You may sit to receive. Please leave your mask on until the priest has moved***

***away. Holy Communion will be administered in the nave first, followed by those in the north transept and side chapel.***

THE COMMUNION *for those who will not be receiving the sacrament at this time the following may be said privately*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.      *~after the Prayer of St Richard of Chichester*

### **THE GREAT SILENCE**

**Hymn 643 Be thou my vision** *Members of the congregation stand to sing quietly, behind their face masks.*

### **Going Out as God's People**

### **PRAYER AFTER COMMUNION**

Lord of all mercy,  
we your faithful people have celebrated  
the memorial of that single sacrifice  
which takes away our sins and brings pardon and peace.  
By our communion  
keep us firm on the foundation of the gospel  
and preserve us from all sin;  
through Jesus Christ our Lord. **Amen.**

*All say*

Almighty God,  
**we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice.**  
**Send us out [Strengthen us] in the power of your Spirit to live and work to your praise and glory. Amen.**

*The presiding minister says the seasonal blessing,*

**BLESSING**

...and the blessing of God almighty,  
the Father, + the Son and the Holy Spirit,  
be among you and remain with you always. **Amen.**

Go in the peace to love and serve the Lord **in the name of Christ. Amen.**

**Organ Voluntary:**

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*Please wait in your pew until directed to leave by the stewards. The exit is via the north porch in the one way system. **The alms dish and worship sheet deposit box are on the way out on the table in the north transept.** You may like to tear off the Track & Trace sheet and take the Worship Sheet part home.*

**READINGS:**

Ephesians 5:15-20: Paul encourages the Ephesian Christians to live wisely and in the power of God's Spirit that fills them, and to encourage one another through songs and through worship and thanksgiving to God.

John 6:51-58: Jesus continues proclaiming that he is the Bread of Life, inviting the people to eat his flesh and drink his blood as true food and drink. Those who do this will live, he promises, unlike those who died even after eating the bread in the wilderness.

**REFLECTIONS ON THEME:**

In Paul's letter, the Ephesians are encouraged to live wisely by being filled with God's Spirit as they sing to one another and to God in songs of praise and as they give thanks in all things. Finally, although Jesus doesn't speak of wisdom specifically in the passage from John, the Proverbs passage provided for today creates a link through the metaphor of eating and drinking. Those who seek life find it, Jesus says, by eating of his flesh and drinking of his blood. This shocking image speaks of absolute union with God, taking the very essence of Christ into our beings, and it results in life, the same life that comes from living wisely.

Wisdom is found, then, through union with Christ and through living in the power of Christ's Spirit that fills us as we "ingest" the Christ-nature. The strong resonances with the sacrament that come through the readings should also not be missed this week, since it is at Christ's Table that we are invited into this mystical union with God. *Sacredise.*

### Notices:

- Welcome to all our visitors. If you need assistance with anything, please ask one of the churchwardens or stewards
- Toilets are available for use. Follow the one way system to use them. Please leave them as you'd wish to find them and take the necessary hand hygiene seriously, remembering to turn off the tap with a paper towel. The disinfectant spray supplied should be used on the toilet seat and flush handle after use.
- Under GDPR guidance we need to tell you that we will be recording the service and/or livestreaming today. The cameras will point towards the nave altar and pulpit and only on occasion, towards the entrance doors. Those coming to and from the side areas and exiting will be in the camera view for a short time.
- Access to the suite of church halls is still limited. Contact the Rector before entering the halls or church and follow the necessary hygiene and cleansing precautions. For the purposes of tracking and tracing complete the register in the white files provided in each hall thank you.

*A reminder about some of our in-church worship protocols throughout the summer period:*

- Please remain in your seat that has been assigned to you unless it's absolutely necessary to move out of it.
- **A one way system remains in place in church as does mandatory handwashing at the cleansing stations on entry and exit. Masks are also worn during worship, on entry and exit and during singing. This keeps us safer and by doing this we look after our neighbour who may be more vulnerable than us.**

- Remember to fill in the pew number on the Track & Trace page on the reverse of the service sheet. You may tear this page off and leave it in the box on the way out whilst retaining your service sheet for reference during the week.
- Observe two metres spacing on the way in and out of church *and* inside church.
- If you display any of Covid19 related symptoms you should not come to church. Please observe government testing guidelines and isolation requirements.
- At the 9am service in the L'Estrange Hall we enter through the main church door at the car park. Exit through the fire doors where there will also be a cleansing station.
- If you're gathering outside please follow government guidance.

## WORSHIP

**Trinity XI 15.8.21 | Holy Communion 1 9.00am; The Eucharist 10.30am** the service is livestreamed on & recorded for St John's Malone YouTube channel

**Wednesday** | ~~Compline on Zoom 7.30pm~~ *We are taking a break from Zoom online Compline during July and August and it will resume in September*

**Thursday** | Mid-week Holy Communion with prayer for those in need 10.30am

**Trinity XII | 22.8.21 | 9.00am Mattins (1); 10.30am The Eucharist**

The office is staffed by the temporary Office Administrator Brenda McMullen Tuesdays and Thursdays 10am-1pm Tel: 028 9066 7861/ [secstjohns@btconnect.com](mailto:secstjohns@btconnect.com)

### **~~ZOOM COMPLINE WEDNESDAYS~~**

~~Our gatherings at Wednesday Compline will continue throughout Lockdown. Services are at 7.30pm. If you can't get in by clicking the link then use the ID and passcode. These will allow you to access Compline each Wednesday evening.~~

~~Access details are:-~~

Topic: ~~Compline~~ Time: This is a recurring meeting Meet anytime

<https://us04web.zoom.us/j/72307105870?pwd=V0ZscHZiNlIxL3I2RWNNncEV5V0erdz09>

Meeting ID: 723 0710 5870 ————— Passcode: 2qrfzq

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## ST JOHN'S SOCIAL MEDIA / WEB

The link to livestreamed Sunday worship is given on Facebook Twitter and on the parish website

- St John's has a Twitter page on **@malonestjohns** which carries up to date information on parish life and other religious and secular matters.
- 'St John's Malone' on **Facebook**
- Instagram: **worthy\_communicant**
- Website: [www.malone.connor.anglican.org](http://www.malone.connor.anglican.org)
- Wordpress: [www.stjohnsmalone.wordpress.com](http://www.stjohnsmalone.wordpress.com)
- Rector: [malone@connor.anglican.org](mailto:malone@connor.anglican.org)
- Office: [secstjohns@btconnect.com](mailto:secstjohns@btconnect.com) for admin matters



*At the end of the service please wait in your pew until directed to leave by the stewards. The exit is via the north porch in the one way system. **The alms dish and worship sheet deposit box are on the way out on the table in the north transept**. You may like to tear off the Track & Trace sheet and take the Worship Sheet part home. Connor Connections the diocesan magazine is available on the table on the way out. Please take a copy.*



Please PRINT your name and the names of any accompanying you today and supply a phone number to enable tracking and tracing. If you become ill with any symptoms of Covid19 *and are subsequently tested positive*, please contact the Rector as soon as possible and follow government guidelines. Deposit this sheet in the box in the porch on the way out. Thank you.

NAME:

PHONE:

NAME:

NAME:

NAME:

NAME:

NAME:

NAME:

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PEW NUMBER(S) (FOUND AT THE PEW END):

DATE:

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**Note: Please leave directly from your pew in the church through the north porch as directed by the stewards whilst maintaining 2m distancing.**

***You may wish to tear off this page when completed and take this booklet away with you.***