

St John's Malone. TRINITY X Proper 15

Sunday 16th August 2020 at 10.30am ~ Worship Sheet



The Canaanite Woman asks for healing for her daughter in Palacio de Oriente (Spain)

Juan, de Flandes, approximately 1465-1519

**The Order for THE EUCHARIST OR HOLY COMMUNION 2 Pg.201 BCP
2004**

The Gathering of God's People

THE GREETING

The Lord be with you And also with you.

Welcome by the Rector. *A sentence of scripture may be read (see pages 78-82), and the presiding minister may introduce the liturgy of the day.*

THE COLLECT FOR PURITY

Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden;
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart
and with all your soul and with all your mind.

This is the first and great commandment.

And the second is like it.

You shall love your neighbour as yourself

On these two commandments depend all the law
and the prophets.

Matthew 22: 37-39

**Lord, have mercy on us,
and write these your laws in our hearts.**

The Confession is introduced with appropriate words, such as:

God so loved the world that he gave his only Son Jesus Christ, to save us from
our sins, to intercede for us in heaven, and to bring us to eternal life.

Silence

**Almighty God, our heavenly Father,
we have sinned in thought and word and deed,
and in what we have left undone.**

We are truly sorry and we humbly repent.

For the sake of your Son, Jesus Christ,

have mercy on us and forgive us,

that we may walk in newness of life

to the glory of your name. Amen.

The presiding minister pronounces the Absolution:

Almighty God,

who forgives all who truly repent, have mercy on you,

+pardon and deliver you from all your sins,

confirm and strengthen you in all goodness,

and keep you in eternal life,

through Jesus Christ our Lord. **Amen.**

GLORIA IN EXCELSIS

Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father,
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

The presiding minister introduces the Collect, allowing a short space for silence, and the people respond to the Collect with their Amen.

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions,
make them to ask such things as shall please you;
through Jesus Christ our Lord. **Amen.**

Proclaiming and Receiving the Word

THE FIRST READING

Romans 11: 1-2a, 29-32

11I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. ²God has not rejected his people whom he foreknew. Do you not know what the scripture says of Elijah, how he pleads with God against Israel? ²⁹for the gifts and the calling of God are irrevocable. ³⁰Just as you were once disobedient to God but have now received mercy because of their disobedience, ³¹so they have now been disobedient in order that, by the mercy shown to you, they too may now^{*} receive

mercy. ³²For God has imprisoned all in disobedience so that he may be merciful to all.

At the end the reader may say

This is the Word of the Lord.

Thanks be to God.

[**THE GRADUAL**

A canticle, psalm, hymn, anthem or acclamation may be sung.]

THE GOSPEL READING

The Gospel Reading is introduced by the following words:

Hear the Gospel of our Saviour Christ,
according to ... chapter ... beginning at verse ...

Glory to you, Lord Jesus Christ.

Matthew 15: 21-28

21 Jesus left that place and went away to the district of Tyre and Sidon. 22 Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' 23 But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' 24 He answered, 'I was sent only to the lost sheep of the house of Israel.' 25 But she came and knelt before him, saying, 'Lord, help me.' 26 He answered, 'It is not fair to take the children's food and throw it to the dogs.' 27 She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' 28 Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord.

Praise to you, Lord Jesus Christ.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation
he came down from heaven,
was incarnate by the Holy Spirit of the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Lord, in your mercy: or Lord, hear us:
hear our prayer. Lord, Graciously hear us. Or another
versicle or response is used.

[If the Penitence comes at this point of the service it may be followed by:

THE PRAYER OF HUMBLE ACCESS

**We do not presume to come to this your table,
merciful Lord,
trusting in our own righteousness
but in your manifold and great mercies.
We are not worthy so much as to gather up the crumbs under your table.
But you are the same Lord,
whose nature is always to have mercy.
Grant us, therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood,
and that we may evermore dwell in him and he in us. Amen.]**

THE PEACE

The presiding minister introduces the Peace with suitable words:

followed by: Those watching the recorded service from home are invited to share the Peace with those next to them.

The peace of the Lord be always with you
and also with you.

Celebrating at the Lord's Table

The table may be prepared by a deacon or lay people.

The gifts of money may be left on the alms dish on the table when leaving the building at the north door.

AT THE PREPARATION OF THE TABLE

The bread and wine shall be placed on the table for the communion if this has not already been done and a prayer may be said

Prayer of Preparation

THE TAKING OF THE BREAD AND WINE

Stand

The bishop or priest who presides takes the bread and wine and may say

Christ our passover has been sacrificed for us
therefore let us celebrate the feast.

THE GREAT THANKSGIVING

Prayer 1

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Father, almighty and everliving God,
at all times and in all places
it is right to give you thanks and praise:

When there is a Proper Preface it follows here (pages 224-235)

And so with all your people,
with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest!**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest!**

Blessed are you, Father,
the creator and sustainer of all things;
you made us in your own image,
male and female you created us;
even when we turned away from you,

you never ceased to care for us,
but in your love and mercy you freed us from the slavery of sin,
giving your only begotten Son to become man
and suffer death on the cross to redeem us;
he made there the one complete and all-sufficient sacrifice
for the sins of the whole world:
he instituted,
and in his holy Gospel commanded us to continue,
a perpetual memory of his precious death
until he comes again:

On the night that he was betrayed he took bread;
and when he had given thanks to you, he broke it,
and gave it to his disciples, saying, Take, eat,
this is my body which is given for you.

Do this in remembrance of me.

In the same way, after supper he took the cup;
and when he had given thanks to you,
he gave it to them, saying, Drink this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.

Do this, as often as you drink it,
in remembrance of me.

Therefore, Father, with this bread and this cup
we do as Christ your Son commanded:

**we remember his passion and death,
we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.**

Accept through him, our great high priest,
this our sacrifice of praise and thanksgiving;
and as we eat and drink these holy gifts,
grant by the power of the life-giving Spirit
that we may be made one in your holy Church
and partakers of the body and blood of your Son,
that he may dwell in us and we in him:

Through the same Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
**all honour and glory are yours, Almighty Father,
for ever and ever. Amen.**

Continue on page 218 at THE LORD'S PRAYER

THE LORD'S PRAYER

The presiding minister says

As our Saviour Christ has taught us, we are bold to say

**Our Father, who art in heaven:
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom, the power, and the glory
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

*The presiding minister (who may be assisted by the deacon) breaks the
consecrated bread in preparation for the Communion*

The bread which we break
is a sharing in the body of Christ.

**We being many are one body,
for we all share in the one bread.**

*The following anthem may be said or sung after the Breaking of the Bread or
during the Communion*

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, Redeemer of the world, grant us peace.

Words of Invitation

Holy Communion will be administered in one kind in your pew. You may sit to receive. Please leave your mask on until the priest has moved away.
Holy Communion will be administered in the nave first, followed by those in the north transept and side chapel.

THE COMMUNION FOR THOSE WHO WILL NOT BE RECEIVING THE SACRAMENT AT THIS TIME THE FOLLOWING MAY BE SAID PRIVATELY

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen. *~after the Prayer of St Richard of Chichester*

THE GREAT SILENCE

Going Out as God's People

PRAYER AFTER COMMUNION

Strengthen for service, Lord, the hands that holy things have taken;
may the ears which have heard your word be deaf to clamour and dispute;
may the tongues which have sung your praise be free from deceit;
may the eyes which have seen the tokens of your love shine with the light of hope; and may the bodies which have been fed with your body
be refreshed with the fulness of your life; glory to you for ever. **Amen.**

All say

Almighty God,
we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice.
Send us out [*Strengthen us*] in the power of your Spirit to live and work to your praise and glory. Amen.

DISMISSAL

The presiding minister says the seasonal blessing,

...and the blessing of God almighty,
the Father, + the Son and the Holy Spirit,
be among you and remain with you always. **Amen.**

Go in Peace to love and serve the Lord

In the name of Christ, Amen.

Organ.

+++

Please wait in your pew until directed to leave by the stewards. The exit is via the north porch in the one way system. The alms dish and worship sheet deposit box are on the way out.

Readings:-

Romans 11:1-2a, 29-32: God has not abandoned Israel, but offers God's mercy to all – both Jew and Gentile.

Matthew 15: 21-28: Jesus is approached by a Canaanite woman who convinces him, in spite of his initial reluctance, to heal her daughter who is being tormented by a demon.

REFLECTIONS ON THEME:

A key observation from today's gospel shows us the inclusion of "foreigners" and "outcasts". Paul reflects on God's mercy emphasising that both Jews and Gentiles are included in God's blessing. Finally Jesus, after pointing to the importance of the heart, demonstrates, in what some scholars interpret as a point of learning & growth in Jesus' own understanding of his ministry, that even outcast Gentiles (Canaanites, who were a particularly disliked group) are included in God's plan of salvation. The focus, then, of this week's worship is on God's coming to us, welcoming all people, and including all people in God's mercy, salvation and blessing.

Notices:

- Toilets are now available. Please leave them as you'd wish to find them and take the necessary hand hygiene seriously, remembering to turn off the tap with a paper towel. The disinfectant spray supplied should be used on the toilet seat after use.
- Under GDPR guidance we need to tell you that we will be recording the service and/or livestreaming. The camera will point towards the nave altar and pulpit and not towards the congregation although those coming to and from the side areas will be in the camera view for a short time.
- Holy Communion will be administered in the nave first, followed by those in the north transept and side chapel.
- Magazine material was due by August 15th Please send copy to magstjohns@gmail.com by Monday at the latest.
- Thank you for your cooperation as we adjust to the new ways of worshipping together.
- Compline is livestreamed on 'St John's Malone' Facebook every Wednesday evening at 7.30pm. if you do not have a Prayer Book at home, ask the churchwardens and they will supply you with one from church. BCP pg.154 Alternatively you'll find it on the Church of Ireland website Worship section BCP 2004 texts.

St John's News:

Congratulations are extended to Arthur and Rosemary Macartney on the occasion of their 50th golden wedding anniversary which they celebrated last week.

'Blessed are the dead which die in the Lord.' Our sympathy is extended to Dr Hilary Buchannan on the recent death of her sister Barbara.

ST JOHN'S SOCIAL MEDIA

- St John's has a Twitter page on [@malonestjohns](#) which carries up to date information on parish life and other religious and secular matters.
- Rector: malone@connor.anglican.org
- Office: secstjohns@btconnect.com for admin matters
- Website: www.malone.connor.anglican.org
- Instagram: **worthy_communicant** is the new St John's Instagram page and we'd like you to follow us by giving us a 'Like'!



South Belfast Foodbank

The foodbank continues on at a pace. We have teams delivering food every week night which has continued to go well. Our numbers decreased in July but things have picked up again. We expect things to further increase once the furlough scheme ends but we are not sure exactly what that will mean for us.

It really has been a privilege to be able to support people during this time but we are sad that we are unable to have face to face contact with our clients as that was an essential and valuable addition to our service over the years.

We have been discussing our future plans and we are looking at what South Belfast Foodbank will look like moving forward. It does seem as if home deliveries will be our method of supporting people for the foreseeable future but we do hope it will not be this way forever. This would be a real point for prayer. Would you pray for us as we discuss and begin to consider any future plans? Please pray that we would have wisdom in knowing how to continue serving people in the best and safest way possible.

The foodbank has continued to greatly restrict what food comes into the warehouse, out of an abundance of caution. At present, we are still only **accepting donations from our trolley at Tescos Newtownbreda**. If you shop in that store then please feel free to drop any items into the trolleys there. Please note that only items bought in store can be donated here.

We hope to lift the restrictions and reopen the ability to donate food and we will let you know once that happens as we know how valuable the donations have been from churches over the years. We literally could not have functioned if we had not had those donations faithfully given over many years.

If you'd like, instead of making a food donation, you could donate what you were going to give via our online giving platform

at <https://www.goldengiving.com/secure/donation/south-belfast-foodbank>

Or you could use our virtual online store via Bankuet

at <https://www.bankuet.co.uk/southbelfast>

Victoria Duncan - Foodbank Admin Assistant South Belfast Foodbank

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Please PRINT your name and the names of any accompanying you today and supply a phone number to enable tracking and tracing. If you become ill with any symptoms of Covid19 please contact the Rector as soon as possible and self isolate immediately. Deposit this sheet in the box in the porch on the way out.
Thank you.

NAME:

PHONE:

NAME:

NAME:

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NAME:

NAME:
